



Northern Montana Oral Surgery
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Pre-Surgical Instructions For Intravenous Sedation (IV)

You are scheduled to have oral surgery under IV anesthesia. The following instructions must be followed to insure your safety while having surgery and to obtain the best surgical results.

1. **DO NOT** have anything to **EAT** or **DRINK** for at least 8 hours prior to surgery. You may have **TAP WATER ONLY** (no sparkling or flavored water) up to 2 hours prior to your surgery.
2. A **responsible adult, parent or guardian** must accompany you to the office, remain at the office during your entire procedure and drive you home after the surgical procedure.
3. Wear short sleeve clothing. This is necessary for blood pressure and heart monitoring devices which will be utilized during the surgery to monitor your vital signs.
4. If you wear contact lenses, please remove them and wear your glasses on the day of surgery.

In general, cool, soft and mild drinks/soups are acceptable during the first 24 hours after surgery.

Examples include:

Apple juice, Gatorade, fruit punch, chicken or beef broth, tea, sherbet, applesauce, jello, popsicles, yogurt, and ice cream.

You will need to avoid citrus juices, alcohol, carbonated beverages, coffee and extremely hot foods for the first 24 hours after surgery.

Call our main line at (406) 727-4322 with any questions. Please give 24-hour notice for any appointment changes or cancellations.